Implementing the National Family and Consumer Sciences Standards Through FCCLA

Family, Career and Community Leaders of America (FCCLA) is the national student organization that serves and supports family and consumer sciences education. At the heart of FCCLA is involvement in projects and activities students plan, carry out and evaluate themselves. These projects create ideal opportunities for students to both develop and apply family and consumer sciences skills while demonstrating mastery of the national standards. FCCLA projects' "end products--portfolios, project reports, skills demonstrations and mor--offer relevant, authentic means to assess student learning.

Through their FCCLA involvement, students sort out thoughts, analyze situations, set goals, interact with others, apply classroom knowledge and become leaders in today's--and tomorrow's--families, careers and communities. FCCLA members encounter situations through which they--

- apply skills in family and consumer sciences, academics and communication;
- accept responsibility;
- experience leadership;
- learn to plan, implement and evaluate individual and group action;
- build relationships;
- develop appreciation for diversity;
- analyze and solve problems;
- adapt to change;
- explore careers;
- establish positive career-related attitudes and habits.

FCCLA is an integral part of the family and consumer sciences education program. In the local school, this means chapter projects and activities stem from and enhance family and consumer sciences programs of study. FCCLA chapters give students expanded opportunities for knowledge application, leadership training, community involvement and personal growth. Many of these experiences occur during class time, while others may occur out of class.

FCCLA National Programs

Family, Career and Community Leaders of America offers a variety of national programs to guide and motivate students as they develop projects related to the family and consumer sciences national standards. Specific examples of the national FCCLA programs that provide strong application and assessment opportunities for each content standard are noted with it in a box titled "Application/Assessment Through FCCLA."

The following material summarizes the current FCCLA national programs, as well as units within each program that are referenced in the boxes. *Please note: programs are subject to change.*

Family, Career and Community Leaders of America offers materials to support all of its national programs, as well as handbooks, guides, activity sheets, audiovisuals, brochures, *The Adviser* newsletter, *Teen Times* magazine and more. A complete list of resources created to support students and teachers in their FCCLA involvement is available in the annual *FCCLA Publications Catalog*. A free catalog is available on request from Family, Career and Community Leaders of America at--phone: (703) 476-4900; fax: (703) 860-2713; e-mail: natlhdqtrs@fcclainc.org. The publications list is also available via a free fax-on-demand service at 1-800-NFO-TOGO and on the Internet at www.fcclainc.org/whatsnew/pubform

Contact Information

If you would like more information about how an FCCLA chapter can help you implement and assess the family and consumer sciences standards, contact your FCCLA state adviser or national FCCLA--

Family, Career and Community Leaders of America 1910 Association Drive Reston, VA 20191-1584

Phone: (703) 476-4900 E-mail: natlhdqtrs@fcclainc.org Fax: (703) 860-2713 Fax-on-Demand: 1-800-NFO-TOGO

Homepage: <u>www.fcclainc.org</u>

Overview: FCCLA National Programs

Please cross-reference the following to information in "Application/Assessment Through FCCLA" box with each content standard. *Please note: programs are subject to change*. Current information is available from Family, Career and Community Leaders of America.

Career Connection

Students develop projects that guide them to discover strengths, target career goals and create a plan for achieving the lifestyle they desire.

Units:

PLUG IN to Careers

understand work and the Career Connection process

SIGN ON to the Career Connection

link personal interests, skills and goals to career clusters

PROGRAM Career Steps

prepare with education, leadership and work experiences

ACCESS SKILLS for Career Success

practice being productive and promotable

INTEGRATE Work and Life

manage interconnected roles in careers, families and communities

Community Service Award

Students develop a project that uses family and consumer sciences skills to address a community need.

Families First

Students develop projects that help them gain a better understanding of how families work and learn skills to become strong family members.

Units:

Families Today

understand and celebrate families

You-Me-Us

strengthen family relationships

Meet the Challenge

overcome obstacles together

Balancing Family and Career

manage multiple responsibilities

Parent Practice

learn to nurture children

FCCLA FACTS (Families Acting for Community Traffic Safety)

Students develop projects to reduce impaired driving and increase seatbelt usage.

Financial Fitness

Students develop projects to educate their peers in money management areas.

Units:

Banking Basics
Cash Control
Making Money
Consumer Clout
Financing Your Future

Leaders at Work

Students develop on-the-job projects to polish leadership skills (communication, interpersonal, management, entrepreneurship) and prepare for a family and consumer sciences career.

Career Areas:

Early Childhood, Education and Services
Food Production and Services
Hospitality, Tourism and Recreation
Housing, Interiors and Furnishings
Textiles and Apparel
Family and Consumer Sciences Education

Power of One

Students develop individual self_improvement projects.

Units:

A Better You

personal growth

Family Ties

family appreciation and relationships

Working on Working

career exploration and job skills

Take the Lead

leadership

Speak Out for FCCLA

communication about FCCLA

STAR Events (Students Taking Action with Recognition)

Students participate in competitive events that build proficiency and achievement in leadership and job related skills.

Events:

Applied Technology

Chapter Service Project
Chapter Showcase
Entrepreneurship
Focus on Children
Food Service
Illustrated Talk
Interpersonal Communications
Job Interview
Parliamentary Procedure
Skills for Life

STOP the Violence–Students Taking On Prevention

Students develop projects to educate their peers to recognize, report and reduce the potential for youth violence. **STOP the Violence** is a national FCCLA peer education program that provides young people with attitudes, skills and resources to address youth violence prevention.

Effective September 2000.

Student Body

Students develop projects to educate their peers about nutrition, fitness and self esteem.

In addition to the FCCLA national programs, the boxes reference **Dynamic Leadership**. Dynamic Leadership is a tool to help students learn about and practice leadership for families, careers and communities. It features five "Lessons in Dynamic Leadership," six "Essentials of Dynamic Leadership" and five "Strategies for Dynamic Leadership."

Essentials of Dynamic Leadership:

Character for Leaders
Problem Solving for Leaders
Relationships for Leaders
Conflict Management for Leaders
Team Building for Leaders
Peer Education for Leaders

///FAMILY AND CONSUMER SCIENCES NATIONAL STANDARDS///

CAREER, COMMUNITY, AND FAMILY CONNECTIONS

1.0

Integrate multiple life roles and responsibilities in family, work, and community settings.

CONSUMER AND FAMILY RESOURCES

2.0

Evaluate management practices related to the human, economic, and environmental resources.

CONSUMER SERVICES

3.0

Integrate knowledge, skills, and practices required for careers in consumer services.

EARLY CHILDHOOD, EDUCATION, AND SERVICES

4.0

Integrate knowledge, skills, and practices required for careers in early childhood education and services.

FACILITIES MANAGEMENT AND MAINTENANCE

5.0

Integrate knowledge, skills, and practices required for careers in facilities management and maintenance.

FAMILY

6.0

Evaluate the significance of family and its impact on the well being of individuals and society.

FAMILY AND COMMUNITY SERVICES

7.0

Integrate knowledge, skills, and practices required for careers in family and community services.

FOOD PRODUCTION AND SERVICES

8.0

Integrate knowledge, skills, and practices required for careers in food production and services.

FOOD SCIENCE, DIETETICS, AND NUTRITION

9.0

Integrate knowledge, skills, and practices required for careers in food science, dietetics, and nutrition.

HOSPITALITY, TOURISM, AND RECREATION

10.0

Integrate knowledge, skills, and practices required for careers in hospitality, tourism, and recreation.

HOUSING, INTERIORS, AND FURNISHINGS

11.0

Integrate knowledge, skills, and practices required for careers in housing, interiors, and furnishings.

HUMAN DEVELOPMENT

12.0

Analyze factors that impact human growth and development.

INTERPERSONAL RELATIONSHIPS

13.0

Demonstrate respectful and caring relationships in the family, workplace, and community.

NUTRITION AND WELLNESS

14.0

Demonstrate nutrition and wellness practices that enhance individual and family well being.

PARENTING

15.0

Evaluate the impact of parenting roles and responsibilities on strengthening the well being of individuals and families.

TEXTILES AND APPAREL

16.0

Integrate knowledge, skills, and practices required for careers in textiles and apparel.

CAREER, COMMUNITY, AND FAMILY CONNECTIONS

1.0

Integrate multiple life roles and responsibilities in family, work, and community settings.

1.1 Analyze strategies to manage multiple individual, family, career, and community roles and responsibilities.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: PROGRAM Career Steps; INTEGRATE Work and Life; PLUG IN to Careers; SIGN ON to the Career Connection; ACCESS SKILLS for Career Success

Community Service: civic/character education; community involvement; projects that address the needs of individuals and families

Dynamic Leadership: balancing home, school, work and family involvements; Character for Leaders; Problem Solving for Leaders; Team Building for Leaders

Families First: Balancing Family and Career; Meet the Challenge

FCCLA FACTS: community traffic safety advocacy

Financial Fitness: Making Money; Financing Your Future

Leaders at Work: on-the-job management projects

Power of One: A Better You; Family Ties; Working on Working; Take the Lead; Speak Out for FCCLA

STAR Events: Applied Technology; Illustrated Talk; Skills for Life

Student Body: projects that address health and fitness trends

1.2 Demonstrate transferable and employability skills in community and workplace settings.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: leadership and planning in career-related projects; PLUG IN to Careers; SIGN ON to the Career Connection; INTEGRATE Work and Life; LINK UP to Jobs; ACCESS SKILLS for Career Success

Community Service: leadership and planning in service projects

Dynamic Leadership: Character for Leaders; Problem Solving for Leaders; Relationships for Leaders; Conflict Management for Leaders; Team Building for Leaders; Peer Education for Leaders

Families First: leadership and planning in family-related projects; Balancing Family and Career; You-Me-Us

FCCLA FACTS: leadership and planning in traffic safety projects

Financial Fitness: leadership and planning in money management projects; Consumer Clout; Making Money

Fundraising: demonstration of work ethics and professionalism

Leaders at Work: planning and self-direction of on-the-job leadership projects

Power of One: Take the Lead; Working on Working

STAR Events: Applied Technology; Illustrated Talk; Job Interview; Parliamentary Procedure; Skills for

Life; all team events

STOP the Violence: projects to promote youth violence prevention in work and community

environments

Student Body: leadership and planning in nutrition, fitness and self-esteem projects

1.3 Analyze the reciprocal impact of individual and family participation in community activities.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: PROGRAM Career Steps

Community Service: projects that promote and support voluntarism

Dynamic Leadership: Character for Leaders; Problem Solving for Leaders; Peer Education for Leaders

FCCLA FACTS: community traffic safety projects

Power of One: A Better You; Take the Lead

STAR Events: Chapter Service Project; Skills for Life

STOP the Violence: projects to educate peers about community resources and support systems

CONSUMER AND FAMILY RESOURCES

2.0

Evaluate management practices related to the human, economic, and environmental resources.

<u>2.1</u> Demonstrate management of individual and family resources, including food, clothing, shelter, health care, recreation, and transportation.

APPLICATION/ASSESSMENT THROUGH FCCLA

Community Service: resource management education; consumer experience while obtaining project materials

Dynamic Leadership: Problem Solving for Leaders

Families First: Parent Practice

Financial Fitness: Consumer Clout

Fundraising: consumer experience while obtaining materials; observation of customers' consumer decisions

Leadership roles: experience with time management; experience designing a plan of work

Power of One: A Better You; Take the Lead STAR Events: Illustrated Talk; Skills for Life

STOP the Violence: projects to educate peers about individual and family choices

2.2 Analyze the relationship of the environment to family and consumer resources.

APPLICATION/ASSESSMENT THROUGH FCCLA

Community Service: conservation and recycling projects

Dynamic Leadership: Character for Leaders

STAR Events: Focus on Children; Illustrated Talk

2.3 Analyze policies that support consumer rights and responsibilities.

APPLICATION/ASSESSMENT THROUGH FCCLA

Financial Fitness: Consumer Clout

Dynamic Leadership: Peer Education for Leaders

Power of One: Take the Lead STAR Events: Illustrated Talk

<u>2.4</u> Evaluate the impact of technology on individual and family resources.

APPLICATION/ASSESSMENT THROUGH FCCLA

Families First: Balancing Family and Career

Financial Fitness: Consumer Clout

STAR Events: Applied Technology; Illustrated Talk

2.5 Analyze the interrelationships between the economic system and consumer actions.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: INTEGRATE Work and Life

Community Service: projects to educate public about and support family assistive services

Families First: Balancing Family and Career

Financial Fitness: Cash Control; Financing Your Future

Leaders at Work: on-the-job entrepreneurship projects

Power of One: A Better You STAR Events: Illustrated Talk

<u>2.6</u> Demonstrate management of financial resources to meet the goals of individuals and families across the life span.

APPLICATION/ASSESSMENT THROUGH FCCLA

Community Service: financial management education

Families First: Balancing Family and Career

Financial Fitness: Banking Basics; Cash Control

Power of One: A Better You

STAR Events: Applied Technology; Illustrated Talk

CONSUMER SERVICES

3.0

Integrate knowledge, skills, and practices required for careers in consumer services.

3.1 Analyze career paths within consumer service industries.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: ACCESS SKILLS for Career Success; SIGN ON to the Career Connection; PROGRAM Career Steps; INTEGRATE Work and Life

Dynamic Leadership: Problem Solving for Leaders; Conflict Management for Leaders; Teamwork for Leaders

Families First: Balancing Family and Career

Leaders at Work: on-the-job entrepreneurship projects

Power of One: A Better You; Speak Out for FCCLA; Working on Working

STAR Events: Chapter Showcase; Entrepreneurship; Interpersonal Communications; Job Interview

<u>3.2</u> Analyze factors that impact consumer advocacy.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: ACCESS SKILLS for Career Success; LINK UP to Jobs

Community Service: consumer education projects

Dynamic Leadership: Peer Education for Leaders

FCCLA FACTS: consumer education regarding traffic safety practices and products

Financial Fitness: Consumer Clout

Fundraising: advertising and public relations for chapter business; customer relations experience

Leaders at Work: on-the-job communication projects; Family and Consumer Sciences Education

leadership projects

Power of One: Working on Working

STAR Events: Applied Technology; Entrepreneurship; Illustrated Talk; Interpersonal Communications

3.3 Analyze factors in developing a long-term financial management plan.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: PROGRAM Career Steps

Families First: Balancing Family and Career

Financial Fitness: Banking Basics; Cash Control; Financing Your Future

Leaders at Work: on-the-job management projects

Power of One: Working on Working

STAR Events: Illustrated Talk

3.4 Analyze resource consumption for conservation and waste management practices.

APPLICATION/ASSESSMENT THROUGH FCCLA

Community Service: resource management education; waste management projects

Families First: Parent Practice Power of One: Take the Lead STAR Events: Illustrated Talk

<u>3.5</u> Demonstrate skills needed for product development, testing, and presentation.

APPLICATION/ASSESSMENT THROUGH FCCLA

Dynamic Leadership: Peer Education for Leaders

FCCLA FACTS: traffic safety surveys; product analysis

Financial Fitness: Consumer Clout

Fundraising: sales experience

Leaders at Work: on-the-job communication, interpersonal skills and entrepreneurship projects

Power of One: Take the Lead; Working on Working

STAR Events: Applied Technology; Entrepreneurship; Illustrated Talk

EARLY CHILDHOOD, EDUCATION AND SERVICES

4.0

Integrate knowledge, skills, and practices required for careers in early childhood education and services.

4.1 Analyze career paths within early childhood, education and services.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: ACCESS SKILLS for Career Success; SIGN ON to the Career Connection; PROGRAM Career Steps; INTEGRATE Work and Life

Dynamic Leadership: Problem Solving for Leaders; Teamwork for Leaders; Conflict Management for Leaders

Families First: Balancing Family and Career; Parent Practice

Leaders at Work: on-the-job entrepreneurship projects; Early Childhood, Education and Services leadership projects

Power of One: A Better You; Speak Out for FCCLA; Working on Working

STAR Events: Entrepreneurship; Job Interview

4.2 Analyze developmentally appropriate practices to plan for early childhood, education, and services.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: ACCESS SKILLS for Career Success

Community Service: age-appropriate projects with children; babysitter training; volunteer child care;

projects with exceptional children

Families First: Parent Practice

Leaders at Work: Early Childhood, Education and Services leadership projects

STAR Events: Focus on Children; Illustrated Talk

Student Body: nutrition and fitness projects with children

4.3 Demonstrate integration of curriculum and instruction to meet children's developmental needs

and interests.

APPLICATION/ASSESSMENT THROUGH FCCLA

Dynamic Leadership: Peer Education for Leaders

FCCLA FACTS: traffic safety projects with children

Financial Fitness: money management projects with children

Leaders at Work: Early Childhood, Education and Services leadership projects

STAR Events: Focus on Children

Student Body: fitness, nutrition and self-esteem projects with children

4.4 Demonstrate a safe, healthy learning environment for children.

APPLICATION/ASSESSMENT THROUGH FCCLA

Community Service: child abuse awareness education; projects to improve child care settings

Dynamic Leadership: Conflict Management for Leaders

Families First: Parent Practice

Leaders at Work: Early Childhood, Education and Services leadership projects

STAR Events: Entrepreneurship; Focus on Children

STOP the Violence: violence prevention lessons with children; child abuse education and reporting;

exploration of security procedures in child care settings

Student Body: health habit and nutrition projects with children

4.5 Demonstrate techniques for positive collaborative relationships with children.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: ACCESS SKILLS for Career Success

Community Service: projects that involve and benefit families

Dynamic Leadership: Problem Solving for Leaders; Relationships for Leaders; Conflict Management

for Leaders; Team Building for Leaders; Peer Education for Leaders

Families First: Families Today; Meet the Challenge; Parent Practice

FCCLA FACTS: traffic safety projects with children and families

Financial Fitness: money management projects with children

Leaders at Work: Early Childhood, Education and Services leadership projects

Power of One: A Better You; Speak Out for FCCLA; Working on Working

STAR Events: Chapter Showcase; Focus on Children; Interpersonal Communications; Job Interview

Student Body: fitness, nutrition and self-esteem projects with children

4.6 Demonstrate professional practices and standards related to working with children.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: ACCESS SKILLS for Career Success; PROGRAM Career Steps; LINK UP to Jobs

Dynamic Leadership: Character for Leaders; Team Building for Leaders

Financial Fitness: Making Money

Fundraising: early childhood or education business

Leaders at Work: on-the-job entrepreneurship projects; Early Childhood, Education and Services

leadership projects

STAR Events: Applied Technology; Entrepreneurship; Focus on Children; Job Interview

FACILITIES MANAGEMENT AND MAINTENANCE

5.0

Integrate knowledge, skills, and practices required for careers in facilities management and maintenance.

5.1 Analyze career paths within the facilities management and maintenance areas.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: ACCESS SKILLS for Career Success; SIGN ON to the Career Connection; PROGRAM Career Steps; INTEGRATE Work and Life

Dynamic Leadership: Problem Solving for Leaders; Teamwork for Leaders; Conflict Management for Leaders

Families First: Balancing Family and Career

Leaders at Work: on-the-job entrepreneurship projects

Power of One: A Better You; Speak Out for FCCLA; Working on Working

STAR Events: Entrepreneurship; Job Interview

<u>5.2</u> Demonstrate planning, organizing and maintaining an efficient housekeeping operation.

APPLICATION/ASSESSMENT THROUGH FCCLA

Fundraising: facilities management and maintenance services/business

Leaders at Work: on-the-job management and entrepreneurship projects; Hospitality, Tourism and

Recreation leadership projects

STAR Events: Entrepreneurship

5.3 Demonstrate sanitation procedures for a clean and safe environment.

APPLICATION/ASSESSMENT THROUGH FCCLA

Community Service: projects to promote environment-friendly cleaning methods; pest control/pesticides education

Power of One: Working on Working

STAR Events: Applied Technology; Entrepreneurship

5.4 Apply hazardous materials and waste management procedures.

APPLICATION/ASSESSMENT THROUGH FCCLA

Community Service: recycling projects; waste management education; hazardous materials education

STAR Events: Illustrated Talk

<u>5.5</u> Demonstrate a work environment that provides safety and security.

APPLICATION/ASSESSMENT THROUGH FCCLA

Dynamic Leadership: Conflict Management for Leaders; Peer Education for Leaders

Power of One: Working on Working

STAR Events: Applied Technology; Entrepreneurship

STOP the Violence: exploration of youth violence issues in work environments

<u>5.6</u> Demonstrate appropriate laundering processes.

APPLICATION/ASSESSMENT THROUGH FCCLA

STAR Events: Applied Technology

<u>5.7</u> Demonstrate facilities management functions.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: ACCESS SKILLS for Career Success

Dynamic Leadership: Relationships for Leaders; Team Building for Leaders

Financial Fitness: Making Money

Fundraising: facilities management and maintenance services/business

Leaders at Work: on-the-job management and entrepreneurship projects; Hospitality, Tourism and

Recreation leadership projects

STAR Events: Applied Technology; Entrepreneurship

FAMILY

6.0

Evaluate the significance of family and its impact on the well being of individuals and society.

6.1 Analyze the impact of family as a system on individuals and society.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: INTEGRATE Work and Family

Dynamic Leadership: Team Building for Leaders

Families First: Families Today; Meet the Challenge; You-Me-Us; Parent Practice; Balancing Family

and Career

Financial Fitness: Financing Your Future

Power of One: Family Ties

STAR Events: Applied Technology; Illustrated Talk; Interpersonal Communications

STOP the Violence: exploration of family role in transmitting societal expectations related to violence;

exploration of the impact of change and transitions on youth violence

<u>6.2</u> Demonstrate appreciation for diverse perspectives, needs, and characteristics of individuals and families.

APPLICATION/ASSESSMENT THROUGH FCCLA

Dynamic Leadership: Relationships for Leaders

Families First: Families Today; You-Me-Us; Meet the Challenge

Leaders at Work: on-the-job interpersonal skills projects

Power of One: Family Ties

STAR Events: Illustrated Talk; Interpersonal Communications

STOP the Violence: projects to educate peers to respect diversity

FAMILY AND COMMUNITY SERVICES

7.0

Integrate knowledge, skills, and practices required for careers in family and community services.

7.1 Analyze career paths within family and community services.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: ACCESS SKILLS for Career Success; SIGN ON to the Career Connection; PROGRAM Career Steps; INTEGRATE Work and Life

Dynamic Leadership: Problem Solving for Leaders; Teamwork for Leaders; Conflict Management for

Leaders

Families First: Balancing Family and Career

Leaders at Work: on-the-job entrepreneurship projects

Power of One: A Better You; Speak Out for FCCLA; Working on Working

STAR Events: Entrepreneurship; Interpersonal Communications; Job Interview

7.2 Analyze factors related to providing family and community services.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: ACCESS SKILLS for Career Success

Community Service: experience with professional, ethical, legal and safety practices while providing human services; projects with and for human service agencies

Dynamic Leadership: Character for Leaders

Families First: Meet the Challenge; Parent Practice

STAR Events: Chapter Service, Focus on Children; Illustrated Talk

STOP the Violence: projects to educate peers about effective self-advocacy strategies

<u>7.3</u> Demonstrate professional behaviors, skills and knowledge in providing family and community services.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: ACCESS SKILLS for Career Success

Community Service: experience with professional behaviors, skills and knowledge while providing

human services

Dynamic Leadership: Relationships for Leaders; Team Building for Leaders

Families First: Meet the Challenge

Power of One: A Better You; Speak Out for FCCLA

STAR Events: Applied Technology; Chapter Showcase; Interpersonal Communications; Job Interview;

Skills for Life

7.4 Evaluate conditions affecting individuals and families with a variety of disadvantaging

conditions.

APPLICATION/ASSESSMENT THROUGH FCCLA

Families First: Meet the Challenge

FCCLA FACTS: traffic safety projects that benefit persons with disadvantaging conditions

Financial Fitness: Financing Your Future

Power of One: Family Ties STAR Events: Illustrated Talk

Student Body: nutrition, fitness and self-esteem projects that benefit persons with disadvantaging

conditions

7.5 Identify services for individuals and families with a variety of disadvantaging conditions.

APPLICATION/ASSESSMENT THROUGH FCCLA

Community Service: projects that benefit individuals and families with disadvantaging conditions

Dynamic Leadership: Problem Solving for Leaders; Peer Education for Leaders

Families First: Meet the Challenge; Balancing Family and Career; Parent Practice

Power of One: A Better You; Family Ties

STAR Events: Chapter Service; Illustrated Talk; Interpersonal Communications

STOP the Violence: projects to educate peers to make informed choices, access resources and support, and follow through on responsibilities

FOOD PRODUCTION AND SERVICES

8.0

Integrate knowledge, skills, and practices required for careers in food production and services.

8.1 Analyze career paths within the food production and food services industries.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: ACCESS SKILLS for Career Success; SIGN ON to the Career Connection; PROGRAM Career Steps; INTEGRATE Work and Life

Dynamic Leadership: Problem Solving for Leaders; Teamwork for Leaders; Conflict Management for Leaders

Families First: Balancing Family and Career

Leaders at Work: on-the-job entrepreneurship projects; Food Production and Services leadership projects

Power of One: A Better You; Speak Out for FCCLA; Working on Working

STAR Events: Entrepreneurship; Interpersonal Communications; Job Interview

<u>8.2</u> Demonstrate food safety and sanitation procedures.

APPLICATION/ASSESSMENT THROUGH FCCLA

Community Service: projects to promote waste management and recycling in food production and services

Leaders at Work: Food Production and Services leadership projects

STAR Events: Applied Technology; Food Service; Illustrated Talk

Student Body: food safety education projects

<u>8.3</u> Demonstrate selecting, using and maintaining food production equipment.

APPLICATION/ASSESSMENT THROUGH FCCLA

Fundraising: food production and services business

Leaders at Work: Food Production and Services leadership projects

STAR Events: Applied Technology; Entrepreneurship; Food Service

8.4 Demonstrate planning menu items based on standardized recipes to meet customer needs.

APPLICATION/ASSESSMENT THROUGH FCCLA

Fundraising: food production and services business

Leaders at Work: Food Production and Services leadership projects

STAR Events: Applied Technology; Entrepreneurship

Student Body: projects to develop nutritious menus

<u>8.5</u> Demonstrate commercial preparation for all menu categories to produce a variety of food products.

APPLICATION/ASSESSMENT THROUGH FCCLA

Leaders at Work: Food Production and Services leadership projects

STAR Events: Food Service

8.6 Demonstrate implementation of food service management functions.

APPLICATION/ASSESSMENT THROUGH FCCLA

Dynamic Leadership: Peer Education for Leaders

Fundraising: food production and services business

Leaders at Work: Food Production and Services leadership projects

STAR Events: Entrepreneurship

<u>8.7</u> Demonstrate the concept of internal and external customer service.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: ACCESS SKILLS for Career Success

Dynamic Leadership: Relationships for Leaders; Conflict Management for Leaders

Fundraising: customer service experience

Leaders at Work: Food Production and Services leadership projects

Power of One: Working on Working

STAR Events: Entrepreneurship; Illustrated Talk

FOOD SCIENCE, DIETETICS AND NUTRITION

9.0

Integrate knowledge, skills, and practices required for careers in food science, dietetics, and nutrition.

<u>9.1</u> Analyze career paths within food science, dietetics, and nutrition industries.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: ACCESS SKILLS for Career Success; SIGN ON to the Career Connection; PROGRAM Career Steps; INTEGRATE Work and Life

Dynamic Leadership: Problem Solving for Leaders; Teamwork for Leaders; Conflict Management for Leaders

Families First: Balancing Family and Career

Leaders at Work: on-the-job entrepreneurship projects

Power of One: A Better You; Speak Out for FCCLA; Working on Working

STAR Events: Entrepreneurship; Interpersonal Communications; Job Interview

<u>9.2</u> Apply risk management procedures to food safety, food testing, and sanitation.

APPLICATION/ASSESSMENT THROUGH FCCLA

STAR Events: Applied Technology; Food Service; Illustrated Talk

Student Body: food safety education projects

<u>9.3</u> Evaluate nutrition principles, food plans, preparation techniques, and specialized dietary plans.

APPLICATION/ASSESSMENT THROUGH FCCLA

STAR Events: Illustrated Talk

Student Body: nutrition-related education projects

<u>9.4</u> Demonstrate basic concepts of nutritional therapy.

APPLICATION/ASSESSMENT THROUGH FCCLA

Dynamic Leadership: Peer Education for Leaders

Power of One: A Better You

Student Body: nutrition-related service projects

9.5 Demonstrate use of current technology in food product development and marketing.

APPLICATION/ASSESSMENT THROUGH FCCLA

Fundraising: food-related products/business

STAR Events: Applied Technology; Food Service

Student Body: food marketing education projects; food safety projects

9.6 Demonstrate food science, dietetics and nutrition management principles and practices.

APPLICATION/ASSESSMENT THROUGH FCCLA

Fundraising: food-related business

Leaders at Work: Food Production and Services leadership projects

STAR Events: Applied Technology; Entrepreneurship; Food Service

HOSPITALITY, TOURISM AND RECREATION

10.0

Integrate knowledge, skills, and practices required for careers in hospitality, tourism, and recreation.

10.1 Analyze career paths within the hospitality, tourism, and recreation industries.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: ACCESS SKILLS for Career Success; SIGN ON to the Career Connection; PROGRAM Career Steps; INTEGRATE Work and Life

Dynamic Leadership: Problem Solving for Leaders; Teamwork for Leaders; Conflict Management for Leaders

Families First: Balancing Family and Career

Leaders at Work: on-the-job entrepreneurship projects; Hospitality, Tourism and Recreation leadership projects

Power of One: A Better You; Speak Out for FCCLA; Working on Working

STAR Events: Entrepreneurship; Interpersonal Communications; Job Interview

<u>10.2</u> Demonstrate procedures applied to safety, security, and environmental issues.

APPLICATION/ASSESSMENT THROUGH FCCLA

Community Service: child safety projects; personal safety projects; environmental stewardship projects

Dynamic Leadership: Conflict Management for Leaders

Leaders at Work: Hospitality, Tourism and Recreation leadership projects

Power of One: Working on Working

STAR Events: Applied Technology; Entrepreneurship

STOP the Violence: projects to address youth violence issues in hospitality, tourism and recreation settings

<u>10.3</u> Apply concepts of service to meet customer expectations.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: ACCESS SKILLS for Career Success

Dynamic Leadership: Character for Leaders; Relationships for Leaders

Fundraising: customer relations experience

Leaders at Work: Hospitality, Tourism and Recreation leadership projects

Power of One: Working on Working

STAR Events: Illustrated Talk; Skills for Life

10.4 Demonstrate practices and skills involved in lodging occupations.

APPLICATION/ASSESSMENT THROUGH FCCLA

Financial Fitness: Making Money

Fundraising: cash handling; accounting; financial transactions

Leaders at Work: Hospitality, Tourism and Recreation leadership projects

Leadership roles: convention/meeting/ banquet experiences

10.5 Demonstrate practices and skills for travel related services.

APPLICATION/ASSESSMENT THROUGH FCCLA

Leaders at Work: Hospitality, Tourism and Recreation leadership projects

Leadership roles: travel experiences; planning skills

STAR Events: Applied Technology

<u>10.6</u> Demonstrate management of recreation, leisure, and other programs and events.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: career-related events

Community Service: service and educational events

Dynamic Leadership: Peer Education for Leaders

Families First: family-related events FCCLA FACTS: traffic safety events

Financial Fitness: money management-related events

Leaders at Work: Hospitality, Tourism and Recreation leadership projects

Power of One: Take the Lead

STAR Events: Applied Technology; Focus on Children; Skills for Life

Student Body: nutrition-, fitness- and self-esteem-related events; fitness education

HOUSING, INTERIORS, AND FURNISHINGS

11.0

Integrate knowledge, skills, and practices required for careers in housing, interiors, and furnishings.

11.1 Analyze career paths within the housing, interiors, and furnishings industry.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: ACCESS SKILLS for Career Success; SIGN ON to the Career Connection;

PROGRAM Career Steps; INTEGRATE Work and Life

Dynamic Leadership: Problem Solving for Leaders; Teamwork for Leaders; Conflict Management for

Leaders

Families First: Balancing Family and Career

Leaders at Work: on-the-job entrepreneurship projects; Housing, Interiors and Furnishings leadership

projects

Power of One: A Better You; Speak Out for FCCLA; Working on Working

STAR Events: Entrepreneurship; Interpersonal Communications; Job Interview

11.2 Evaluate housing decisions in relation to available resources and options.

APPLICATION/ASSESSMENT THROUGH FCCLA

Community Service: affordable housing projects

Families First: Parent Practice; Balancing Family and Career

Financial Fitness: Financing Your Future

Leaders at Work: Housing, Interiors and Furnishings leadership projects

Power of One: Family Ties

STAR Events: Applied Technology; Illustrated Talk

<u>11.3</u> Evaluate the use of housing and interior furnishings and products in meeting specific design needs.

APPLICATION/ASSESSMENT THROUGH FCCLA

Community Service: projects to educate others about accessible design and age-appropriate products and furnishings; projects to improve school, family services, child care and other public spaces

Families First: Balancing Family and Career; Parent Practice

Financial Fitness: Consumer Clout

Leaders at Work: Housing, Interiors and Furnishings leadership projects

STAR Events: Focus on Children; Illustrated Talk; design of manuals and displays

<u>11.4</u> Demonstrate computer-aided-drafting design, blueprint reading, and space planning skills required for the housing, interiors, and furnishings industry.

APPLICATION/ASSESSMENT THROUGH FCCLA

Leaders at Work: Housing, Interiors and Furnishings leadership projects

STAR Events: Applied Technology

11.5 Analyze influences on architectural and furniture design and development.

APPLICATION/ASSESSMENT THROUGH FCCLA

Leaders at Work: Housing, Interiors and Furnishings leadership projects

STAR Events: Applied Technology; Entrepreneurship

<u>11.6</u> Evaluate client's needs, goals, and resources in creating design plans for housing, interiors, and furnishings.

APPLICATION/ASSESSMENT THROUGH FCCLA

Community Service: projects to improve school, family services, child care and other public spaces

Financial Fitness: Financing Your Future

Leaders at Work: Housing, Interiors and Furnishings leadership projects

<u>11.7</u> Demonstrate design ideas through visual presentation.

APPLICATION/ASSESSMENT THROUGH FCCLA

Dynamic Leadership: Peer Education for Leaders

Leaders at Work: Housing, Interiors and Furnishings leadership projects

STAR Events: Applied Technology; Entrepreneurship; design and presentation of displays and manuals

<u>11.8</u> Demonstrate general procedures for business profitablity and career success.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: LINK UP to Jobs; ACCESS SKILLS for Career Success

Financial Fitness: Making Money

Fundraising: sales; management

Leaders at Work: on-the-job entrepreneurship projects; Housing, Interiors and Furnishings leadership

projects

STAR Events: Entrepreneurship; Job Interview

HUMAN DEVELOPMENT

12.0

Analyze factors that impact human growth and development.

12.1 Analyze principles of human growth and development across the life span.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: SIGN ON to the Career Connection; INTEGRATE Work and Life

Community Service: projects with children, families, elderly people

Dynamic Leadership: Character for Leaders

Families First: Parent Practice

FCCLA FACTS: ageappropriate traffic safety campaigns

Financial Fitness: projects with children, families, elderly people

Power of One: A Better You; Family Ties

STAR Events: Chapter Service Project; Focus on Children; Illustrated Talk; Interpersonal

Communications

STOP the Violence: exploration of physical, emotional, social and intellectual aspects of youth violence

Student Body: projects that explore nutrition, fitness and self_esteem at various life stages

12.2 Analyze conditions that influence human growth and development.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: INTEGRATE Work and Life

Families First: Families Today; Meet the Challenge

Financial Fitness: Financing Your Future Power of One: A Better You; Family Ties

STOP the Violence: projects to educate peers about how external conditions may influence youth

violence

Student Body: projects that explore cultural and economic influences on nutrition, fitness and self-

esteem

12.3 Analyze strategies that promote growth and development across the life span.

APPLICATION/ASSESSMENT THROUGH FCCLA

Dynamic Leadership: Relationships for Leaders; Team Building for Leaders

Families First: You-Me-Us; Meet the Challenge; Balancing Family and Career; Parent Practice

Leaders at Work: on-the-job communication, interpersonal skills and management projects

Leadership roles: skills and characteristics that promote healthy development

Power of One: A Better You; Family Ties

STOP the Violence: projects to teach effective communication strategies; projects to link potentially troubled youth to appropriate support systems

Student Body: projects that promote strategies for healthy nutrition, fitness and self esteem

INTERPERSONAL RELATIONSHIPS

13.0

Demonstrate respectful and caring relationships in the family, workplace and community.

13.1 Analyze functions and expectations of various types of relationships.

APPLICATION/ASSESSMENT THROUGH FCCLA

Dynamic Leadership: Relationships for Leaders; Conflict Management for Leaders

Families First: You-Me-Us; Meet the Challenge

Leaders at Work: on-the-job interpersonal skills projects

Power of One: A Better You; Family Ties; Working on Working

STAR Events: Interpersonal Communications; Skills for Life

STOP the Violence: exploration of relationship factors that influence youth violence; projects to teach stress management strategies

13.2 Analyze personal needs and characteristics and their impact on interpersonal relationships.

APPLICATION/ASSESSMENT THROUGH FCCLA

Community Service: projects for and with those in need

Dynamic Leadership: Character for Leaders; Relationships for Leaders; Conflict Management for

Leaders

Families First: Meet the Challenge

Power of One: A Better You

STAR Events: Chapter Service Project; Illustrated Talk; application of stress management in competition

STOP the Violence: projects to promote development of nonviolent personal characteristics; projects to

promote use of positive personal standards and codes of conduct

Student Body: self-esteem projects; stress management education

13.3 Demonstrate communication skills that contribute to positive relationships.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: ACCESS SKILLS for Career Success

Dynamic Leadership: Character for Leaders; Relationships for Leaders; Conflict Management for

Leaders; Peer Education for Leaders

Families First: You-Me-Us

Leaders at Work: on-the-job communication projects

Power of One: A Better You; Family Ties; Working on Working; Take the Lead; Speak Out for FCCLA

STAR Events: Chapter Showcase; Interpersonal Communications; Job Interview

STOP the Violence: projects to teach effective communication skills

13.4 Evaluate effective conflict prevention and management techniques.

APPLICATION/ASSESSMENT THROUGH FCCLA

Community Service: anti-violence education; conflict management education

Dynamic Leadership: Problem Solving for Leaders; Conflict Management for Leaders

Families First: Meet the Challenge

Power of One: A Better You; Family Ties

STOP the Violence: projects to educate peers about violence-related attitudes; projects to teach conflict prevention and management techniques; projects to link peers to community resources that support conflict prevention and management

13.5 Demonstrate teamwork and leadership skills in the family, workplace, and community.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: ACCESS SKILLS for Career Success

Community Service: team service projects

Dynamic Leadership: all leadership projects

Families First: You-Me-Us; team family-related projects

FCCLA FACTS: traffic safety activism; team traffic safety projects

Financial Fitness: team money management projects Leaders at Work: all on-the-job leadership projects

Power of One: Take the Lead

STAR Events: Food Service; Interpersonal Communications; Parliamentary Procedure; all team events

STOP the Violence: experience with cooperation, compromise and collaboration

Student Body: team fitness, nutrition and self-esteem projects

13.6 Demonstrate standards that guide behavior in interpersonal relationships.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: ACCESS SKILLS for Career Success; INTEGRATE Work and Life

Dynamic Leadership: Character for Leaders; Relationships for Leaders; Peer Education for Leaders

Families First: Balancing Family and Career

Power of One: A Better You

STAR Events: application of ethics in preparation and competition

STOP the Violence: projects to promote nonviolent standards in interpersonal relationships

NUTRITION AND WELLNESS

14.0

Demonstrate nutrition and wellness practices that enhance individual and family well being.

14.1 Analyze factors that influence nutrition and wellness practices across the life span.

APPLICATION/ASSESSMENT THROUGH FCCLA

Power of One: Family Ties

STAR Events: Applied Technology; Illustrated Talk

Student Body: projects that explore psychological, cultural and social influences related to food choice;

food marketing and labeling education

<u>14.2</u> Evaluate the nutritional needs of individuals and families in relation to health and wellness across the life span.

APPLICATION/ASSESSMENT THROUGH FCCLA

Families First: Parent Practice

Power of One: A Better You STAR Events: Illustrated Talk

Student Body: nutrition education; eating disorders education

14.3 Demonstrate ability to acquire, handle, and use foods to meet nutrition and wellness needs of individuals and families across the life span.

APPLICATION/ASSESSMENT THROUGH FCCLA

Community Service: nutrition education and services for people with special nutritional needs

Leaders at Work: Food Production and Services leadership projects

Power of One: A Better You STAR Events: Illustrated Talk

Student Body: dietary guidelines education; projects addressing special nutritional needs (i.e. athletes,

elderly, prenatal, etc.)

<u>14.4</u> Evaluate factors that affect food safety, from production through consumption.

APPLICATION/ASSESSMENT THROUGH FCCLA

Community Service: projects to promote food safety and sanitation in preparation of foods donated to those in need

Families First: Parent Practice

STAR Events: Focus on Children; Illustrated Talk

Student Body: food safety education; food labeling education

14.5 Evaluate the impact of science and technology on food composition, safety, and other issues.

APPLICATION/ASSESSMENT THROUGH FCCLA

STAR Events: Applied Technology; Illustrated Talk

Student Body: nutrition science projects; projects that explore nutritional implications of food

preparation techniques and technology

PARENTING

15.0

Evaluate the impact of parenting roles and responsibilities on strengthening the well being of individuals and families.

15.1 Analyze roles and responsibilities of parenting.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: INTEGRATE Work and Life

Community Service: parenting education

Families First: Families Today; Parent Practice; Meet the Challenge; Balancing Family and Career

Financial Fitness: Financing Your Future Power of One: Family Ties

STAR Events: Illustrated Talk

STOP the Violence: exploration of how parenting practices encourage the development of antiviolence

attitudes and skills

<u>15.2</u> Evaluate parenting practices that maximize human growth and development.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: INTEGRATE Work and Life

Dynamic Leadership: Relationships for Leaders; Conflict Management for Leaders

Families First: You-Me-Us; Meet the Challenge; Balancing Family and Career

STAR Events: Interpersonal Communications

STOP the Violence: domestic violence education and prevention projects

<u>15.3</u> Evaluate external support systems that provide services for parents.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: INTEGRATE Work and Life

Community Service: project to create community resources directory; parenting education

Families First: Families Today; Meet the Challenge

STAR Events: Illustrated Talk

15.4 Analyze physical and emotional factors related to beginning the parenting process.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: INTEGRATE Work and Life

Community Service: pregnancy prevention; abstinence promotion; prenatal health education

Dynamic Leadership: Character for Leaders

Families First: Balancing Family and Career; Parent Practice

Financial Fitness: Financing Your Future

STAR Events: Illustrated Talk

STOP the Violence: projects to raise awareness about external support systems for parents of youth

Student Body: family health fair; projects promoting wellness for young families

TEXTILES AND APPAREL

16.0

Integrate knowledge, skills, and practices required for careers in textiles and apparel.

16.1 Analyze career paths within textile and apparel design industries.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: ACCESS SKILLS for Career Success; SIGN ON to the Career Connection; PROGRAM Career Steps; INTEGRATE Work and Life

Dynamic Leadership: Problem Solving for Leaders; Teamwork for Leaders; Conflict Management for Leaders

Families First: Balancing Family and Career

Leaders at Work: on-the-job entrepreneurship projects; Textiles and Apparel leadership projects

Power of One: A Better You; Speak Out for FCCLA; Working on Working

STAR Events: Entrepreneurship; Interpersonal Communications; Job Interview

16.2 Evaluate fiber and textile materials.

APPLICATION/ASSESSMENT THROUGH FCCLA

Financial Fitness: Consumer Clout

Leaders at Work: Textiles and Apparel leadership projects

STAR Events: Applied Technology

<u>16.3</u> Demonstrate apparel and textile design skills.

APPLICATION/ASSESSMENT THROUGH FCCLA

Leaders at Work: Textiles and Apparel leadership projects

STAR Events: Applied Technology

<u>16.4</u> Demonstrate skills needed to produce, alter, or repair textile products and apparel.

APPLICATION/ASSESSMENT THROUGH FCCLA

Fundraising: clothing alteration and repair business; apparel, drapery or slip cover production business; custom-designed apparel business

Leaders at Work: Textiles and Apparel leadership projects

<u>16.5</u> Evaluate elements of textile and apparel merchandising.

APPLICATION/ASSESSMENT THROUGH FCCLA

Dynamic Leadership: Character for Leaders

Financial Fitness: Consumer Clout *Fundraising:* textile/apparel business

Leaders at Work: Textiles and Apparel leadership projects

STAR Events: Entrepreneurship; Illustrated Talk

<u>16.6</u> Evaluate the components of customer service.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: ACCESS SKILLS for Career Success

Dynamic Leadership: Relationships for Leaders; Conflict Management for Leaders

Fundraising: customer service experience

Leaders at Work: Textiles and Apparel leadership projects

Power of One: Working on Working

STAR Events: Chapter Showcase; Entrepreneurship; Illustrated Talk

<u>16.7</u> Demonstrate general operational procedures required for business profitability and career success.

APPLICATION/ASSESSMENT THROUGH FCCLA

Career Connection: LINK UP to Jobs; ACCESS SKILLS for Career Success

Dynamic Leadership: Relationships for Leaders, Conflict Management for Leaders

Financial Fitness: Making Money

Leaders at Work: on-the-job entrepreneurship projects; Textiles and Apparel leadership projects

Power of One: Working on Working

STAR Events: Entrepreneurship; Interpersonal Communications; Job Interview

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